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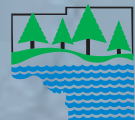
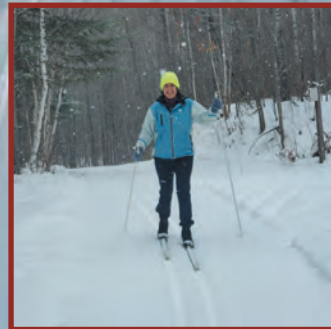
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Ski Trails

IN ITASCA COUNTY



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LODGING & DINING

| | |
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| AmericInn • 218-326-8999 1812 S. Pokegama Ave • Grand Rapids, MN 55744 | Pool, continental breakfast, WiFi, pet friendly, winter plug ins. grandrapids.mn@americinn.com |
| Blueberry Bowl • 218-246-8048 44919 Golf Course Rd • Deer River, MN 56636 | Homemade award winning pizza, full menu, full bar, 10 lane center. Two miles north of Deer River on Hwy 6. www.blueberrybowl.com |
| Brewed Awakenings Coffeehouse & Cafe 218-327-1088 • Downtown Grand Rapids on Hwy 2 East | A green cafe serving breakfast, lunch, dinner, and treats. Vegetarian and gluten-free options. View full menu and daily specials online! www.brewedawakenings.biz |
| Buckhorn Resort • 218-256-0089 • peg@bigloglodge.com 45101 Buckhorn Resort Road, Marcell, MN 56657 | Large hand-crafted log lodges in Suomi Hills on Caribou Lake. Each with fieldstone fireplace, sauna, 4-5 bedrooms, full kitchen, Two small cozy cabins. www.buckhornoncaribou.com |
| Chad's Meat Wagon • 218-256-4628 Check Facebook for food truck location. | Serving delicious BBQ meals to go from noon until sold out! Thurs, Fri and Sat at Klockow Brewing or Glen's Army/Navy. |
| Country Kitchen • 218-326-9618 625 S. Pokegama Ave, Grand Rapids, MN 55744 | Hearty pancake or egg breakfasts, Country Burgers, delicious dinners with delectable desserts. View full menu online. www.countrykitchenrestaurants.com |
| Edge of the Wilderness Lodging 1-888-754-0011 • Marcell • Bigfork • Effie - MN | Family friendly lodging properties near Suomi Hills ski trails on the Edge of the Wilderness National Scenic Byway. Skiing, biking, hiking! www.edgeofthewilderness.com |
| Florio's Grill & Tavern • 218-999-7077 Cohasset, MN 55721 | Hwy 2 West across from Casey's, near Portage Park and MN Power trails. Open 11am - 8pm Tues - Sat. www.floriosgrillandtavern.com |
| Forest Lake Restaurant • 218-326-3423 1201 Hwy 2 West, Grand Rapids, MN 55744 | Enjoy breakfast, lunch or dinner overlooking Forest Lake. Open daily at 7am. www.forestlakerestaurant.com |
| Green Heron Bed and Breakfast • 218-999-5795 2810 Meyers Bay Rd • Grand Rapids, MN 55744 | On Pokegama Lake, just off Golf Course Rd, near lighted groomed trails. Private baths, full breakfast, happy hour, smart TVs, WiFi, fireplace. www.greenheronbandb.com |
| Hotel Rapids • 218-326-3457 680 E US Hwy 2 • Grand Rapids, MN 55744 | Recently renovated hotel with bar + bistro, and tasty crepe breakfast. Closest hotel to Mount Itasca! www.hotelrapids.com |
| Klockow Brewing Company • 218-999-7229 36 SE 10th St • Grand Rapids, MN 55744 | Corner of Pokegama Ave South and Golf Course Rd, serving clean classics to complex experimental brews made on-site with water from Mighty Mississippi. PROST! www.KlockowBrewing.com |
| Mallard Point • 218-251-2260 32498 Mallard Point Rd • Grand Rapids, MN 55744 | Cozy lakeside cabins with fireplaces and sauna. On Prarie Lake near Mt. Itasca, Suomi, Wabana, & Legion ski trails. www.mallardpointresort.com |
| Marcell Lodge • 218-832-3161 49554 State Highway 38 • Marcell, MN 56657 | On Ranier Lake in the Chippewa National Forest, beautiful and historic 4 bedroom log cabin that sleeps 8. Many outdoor recreation opportunities. www.marcelllodge.com |
| Rapids Brewing Company • 218-999-9712 214 N Pokegama Ave. • Grand Rapids, MN 55744 | Great food made from scratch in wood-fired oven and beer brewed in-house using highest quality, local products. Cheers! www.rapidsbrewingco.com |
| Sugar Lake Lodge • 218-327-1462 37584 Otis Lane • Cohasset, MN 55721 | 14 miles SW of Grand Rapids and 3 miles from Sugar Hills. Winter lodging service only. 1,2,3 bedroom Townhomes & Lodge Villas. www.sugarlakelodge.com |
| Timberlake Lodge and Restaurant • 218-326-2600 144 SE 17th St • Grand Rapids, MN 55744 | Full service hotel, event center, restaurant, and Grand Splash pool. South Hwy 169. www.timberlakelodgehotel.com |
| Timberwolf Inn • 218-832-3990 PO Box 8 • Marcell, MN 56657 | Dining room, lounge plus 12 lodging rooms on National Scenic Byway (Hwy 38). 100 lakes within 20 miles. Snowmobile, ski and fish! www.timberwolfinn.com |
| White Oak Inn & Suites • 877-633-5504 Highway 2 • Deer River, MN 56636 | Jacuzzi suites, hot tubs, 2 pools plus continental breakfast! Great rates Sunday - Thursday! Enjoy skiing, fishing and snowmobiling! www.whiteoakinnandsuites.com |
| Zorbaz on Pokegama • 218-326-1006 32946 Crystal Springs Rd • Grand Rapids, MN 55744 | Mexican & Pizza Joint on Pokegama Lake 5 milez zouth of Grand Rapidz Hwy.169. Open year round 11am - 2am. 24 Beerz on tap. www.zorbaz.com |

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Mount Itasca Nordic Ski/Biathlon
218-256-1359 www.mtitascanordic.com



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We promote Nordic skiing as a
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Grand Rapids, MN 55744





Ski Trails

A MINNESOTA SKI PASS IS REQUIRED ON ALL GRANT-IN-AID TRAILS.


Passes may be purchased for each skier (16 years or over) at any electronic licensing station. These funds are matched by volunteer grooming & maintenance.

| | | 1 km = 5/8 mile | KM | LEVEL | DESCRIPTION |
|---|--|---|----|------------------------|---|
| 1 | Legion Park Trail 218-326-2500 - City of Grand Rapids |  | 4 | Intermediate | Lighted trail near Reif Center, Grand Rapids High School north on Hwy 38. Classic track and skate lane. |
| 2 | Sylvan Point Trail 218-326-2500 - City of Grand Rapids |  | 6 | Beginner | Highway 169 S, 1 mile west on Golf Course Road, north on SW 14th Ave. Connects hospital with Forest History Center. |
| 3 | Forest History Center 218-327-4482 | | 4 | Beginner | 1 mile west on Highway 2, 1 mile SW on Co. 63, 1 mile S on Co. 76. Trails wind through 1900 logging camp and virgin timber. |
| 4 | Portage Park 218-328-6225 x12 - City of Cohasset |  | 4 | Beginner | West Hwy 2, SW 1 mile on Co. 63, west 1 mile on Lake Street. Trails to scenic river overlook. Dogs allowed. |
| 5 | Minnesota Power Blackwater Trails 218-328-6225 |  | 4 | Beginner | West Hwy 2 past stoplight in Cohasset, west 1 mile on Co. 87. Lighted trails , heated chalet. Skate and classic. |
| 6 | Blueberry Hills 218-326-1313 City of Deer River | | 12 | Beginner Expert | 2 miles north of Deer River on Hwy 6, 3 miles east on Co. 142 (Chase Lake Rd). Wood heat in chalet. Skate and Classic. |
| 7 | Sugar Hills 218-326-1313 Rajala Companies | | 28 | Intermediate Expert | S. Hwy 169 7 miles, 4 miles west on Co. 17, 3 miles south on 449. Climb to Thunder Mountain for panoramic view. Skate and classic. |
| 8 | Mount Itasca 218-812-9820 www.mtitasca.com | | 10 | Beginner Expert | E. Hwy 169 to Coleraine, west on Co. 61. Fee for Biathlon range, hilly course, snowmaking. Public trails west of chalet. Skate and classic. |

Itasca County Park System 218-327-7347

| | | | | | |
|----|---------------------|---|----|--------------|---|
| 9 | Alder Pond |  | 10 | Beginner | E. Hwy 169 across Prairie River, 2 miles E on Co. 21, 1 mile south on E. Rangeline Rd, 1 mile to trailhead parking. Dogs allowed. Classic. |
| 10 | Amen Lake | | 7 | Intermediate | Hwy 38 north 12 miles, Co. 19 west 2 miles, Co. 246 north half mile. Hilly trails connect to south Suomi trails in Chippewa National Forest. Classic. |
| 11 | Wabana | | 10 | Intermediate | Hwy 38 north 7 miles, NE 8 miles on Co. 49 and 59. Scenic classic trail by Clearwater Creek. |
| 12 | Big Ridge | | 10 | Intermediate | Hwy 2 East to Hwy 65, north to Goodland, 4 miles to Co. 560, west half mile to parking lot. |
| 13 | Stoney Ridge |  | 10 | Intermediate | 18 miles north of Nashwauk on Hwy 65. Watch for moose! Classic. |

DNR State Parks and Trails 218-328-8982

| | | | | | |
|----|---|---|----|--------------|---|
| 14 | Golden Anniversary | | 3 | Intermediate | River Road (Co. 3) south 7 miles. Rolling hills and majestic pines. Classic. |
| 15 | Cowhorn | | 8 | Intermediate | River Road (Co. 3) south 6 miles, west on Wendigo Rd 3 miles, south on Co. 427. No dogs or snowshoeing on Cowhorn Loop. Classic. |
| 16 | Boomer-Blue |  | 7 | Beginner | River Road (Co. 3) south 6 miles, west on Wendigo Rd 4 miles. Dogs allowed only on double-tracked with snowshoe lane. Intersects Cowhorn Loop. Classic. |
| 17 | Scenic State Park 218-743-3362 x224 | | 16 | Intermediate | 7 miles SE of Bigfork on Scenic Hwy 7. Classic trails through majestic pines. |

Chippewa National Forest 218-246-2123

| | | | | | |
|----|--------------------|--|----|------------------------|---|
| 18 | Suomi Hills | | 35 | Intermediate Expert | Hwy 38 north 13 miles to south access or 15 miles to north access. South trail connects to Amen Lake Trail. Classic. |
| 19 | Trout Lake | | 10 | Intermediate | Hwy 38 N. 12 miles, east 2 miles on Co. 60, north 2 miles on Co. 335. Double-tracked classic ski 3 miles into Historic Joyce Estate and 2 miles on North Trail. |